

Greetings!

Climate Solutions To Act On



There are hundreds of ways to drawdown CO2 and address the climate crisis.

What are we waiting for?!

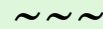
Do we continue to listen to more of what climate leader Greta Thunberg calls "blah blah blah"? Or do we, as individuals, communities and governments, take meaningful action?

As the artist of [the illustration above](#) says, *Some are big. Some are small. Don't do them all. The crisis is large and often bleak, but find your strength with action each week.* [Read "100 Things You Can Do to Help in the Climate Crisis" here.](#) For starters my favorites are: less food waste, eat less meat, travel less, put more pressure of governments and demand the truth. The videos and articles that I have highlighted in this newsletter are powerful, informative and encouraging.

As May Boeve of 350.org says, *With or without a COP decision, the transition away from fossil fuels and towards a clean, just, renewable future is going to happen. Hope is people, and people have had enough.*

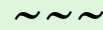


Stories, insights and action for a world that works for all of us



Justice is what love looks like in public.

Cornel West



Favorite Resources

- [Yes! magazine](#)
- [The Optimist Daily](#)
- [350.org](#)
- [Climate Reality Project](#)
- [The Small Planet Institute](#)
- [Local Futures Network of Spiritual Progressives](#)

- [Desert Rose Press](#)
- [VirginiaMudd.com](#)



[Future Crunch](#)

Videos and short talks for hope and action

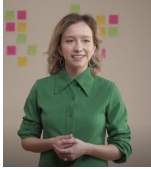
Sir David Attenborough addresses COP26

[In this 7 minute film](#) Attenborough presents a clear picture of where



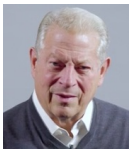
we're at and what needs to be done. "It all comes down to a single number: emissions of CO₂ in the atmosphere. . . . We are already in trouble. This story [of climate change] is one of inequality as well as instability." He says we are focussing on short term goals and failing to see the big picture. He implores us to "turn the tragedy into triumph."

He tells us what we must, and can, do. "Our motivation should not be fear, but hope." [This is an eloquent, no-nonsense speech.](#)



"What To Do When Climate Change Feels Unstoppable"

In an excellent 15 min. TED Talk Clover Hogan, climate activist and founder of Force of Nature Clover Hogan shares her personal story and talks to us about how to shift out of despair and denial. "When you look back on your own life, what do you want to see? Will you have chosen despair, denial, or something different? Will you have been a spectator to our planet's problems or the person who did something to fix them? What will your story be?" [Watch her here.](#)



"How to make radical climate action the new normal"

Here is another very worthwhile TED Talk by climate advocate and Vice President Al Gore. He shares examples of extreme climate events (think: fires, floods and atmospheric tsunamis), identifies the man-made systems holding us back from progress and invites us all to join the movement for climate justice: **"We can do this. This is the biggest emergent social movement in all of history. And if anybody thinks that we don't have the political will, remember, political will is itself a renewable resource."** [Watch the 15 min. video.](#)

Good Articles for Climate Solutionists



A Fossil Fuel Non-Proliferation Treaty for Climate

Whereas the nuclear treaty required nations to agree never to develop nuclear weapons, the fuel treaty would require nations to agree to leave most of their fossil fuel reserves in the ground forever. In 2021, the Dalai Lama and 100 other Nobel laureates in peace, literature, medicine, physics, chemistry, and economics signed a letter giving the treaty full-throated support. [Read the story and book review of *The Path to a Livable Future*](#)

Two other noteworthy articles addressing the climate crisis. Given the scale of the crisis we face, signs of urgency, ambition, and leadership are hard to find, but there are reasons to be positive and optimistic. Here are two perspectives:

[Ten Reasons to be Optimistic \(Without Being Naive\) About Climate Change](#)
[Ten Ways to Confront the Climate Crisis Without Losing Hope.](#)

Good Information, Stories & Resources



The EU plans to ban imports that rely on deforestation.

Beef, palm oil, cocoa and other products linked to deforestation will be banned from entering the EU under landmark legal proposals that attempt to help prevent the felling of the world's great forests. [Here's the article.](#)



What Can I do?

Clifford created this bumper sticker to inspire folks to take action to address



Alaska Airlines stops using plastic water bottles and cups

Alaska Airlines will replace its single-use plastic water bottles and plastic cups for water with plant-based cartons from Boxed Water and paper cups in a bid to cut inflight waste. [Read more here.](#)



Eat Out Without Wasting Food

This is an informative article with clear visuals and stats about what happens to food not eaten in restaurants. Did you know that portion sizes are 4x larger than in the 50's? Or that 40% of food is wasted in America and that 55% of leftover restaurant food doesn't get taken home. [See more here.](#)

the climate crisis. Solutions abound! Explore these websites and solutions below and realize there can be no more excuses to put off climate action. Pick the ones that fit for you.

["100 Things You Can Do to Help in the ClimateCrisis."](#)

[1309 Solutions presented by the Solar Impulse Foundation](#)

[Regeneration.org](#): "The world's largest, most complete listing and network of solutions to the climate crisis. And how to do them!" This is an extension of [Project Drawdown](#). *Regeneration* weaves justice, climate, biodiversity, equity, and human dignity into a seamless tapestry of action, policy, and transformation that can end the climate crisis in one generation.

Wisdom for Our Time



Joanna Macy

"This is a dark time, filled with suffering and uncertainty. Like living cells in a larger body, it is natural that we feel the trauma of our world. So don't be afraid of the anguish you feel, or the anger or fear, because these responses arise from the depth of your caring and the truth of your interconnectedness with all beings."

"You don't need to do everything. Do what calls your heart; effective action comes from love. It is unstoppable, and it is enough."

Best Fat Bears of 2021



[A great way to start off the new year!](#)
Wishing everyone an active and healthy new year!
Virginia / Gibi



My Column Regeneration

I talk more in my column about the idea and practice of regeneration and why it goes beyond sustainability.

