Virginia Mudd.com

Inviting people into harmony with themselves, each other and the Earth

Greetings!

A CALL TO ARMS

Nonviolent and political



"A call to arms" most often refers to political resistance, rallies, demonstrations, marches, protests and other forms of nonviolent action. That is what I mean here. After seven months we in the US, the world and the planet continue to endure and suffer from the destruction, harm, cruelty, corruption, illegal and unconstitutional acts and unhinged, incompetent actions of the Trump administration. For the sake of our democracy, the wellbeing of Americans and people worldwide, our economies, our humanity, our sanity, our planet, it is time to heed a call to arms in any way we can.

"The world is a dangerous place to live; not because of the people who are evil, but because of the people who don't do anything about it." Albert Einstein

"There may be times when we are powerless to prevent injustice, but there must never be a time when we fail to protest." Elie Wiesel

"If not us, then who? If not now, then when?"
John Lewis

"Protest is an act of love, not one of anger."
John Lewis

"This government was founded on protest." Thurgood Marshall, U.S. Supreme Court Justice

"I do not know of any salvation for society except through eccentrics, misfits, dissenters, people who protest." William O. Douglas, U.S. Supreme Court justice



Stories, insights and action for a world that works for all of us

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Justice is what love looks like in public.
Jim Hightower

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Favorite Resources

Fix the News
(Future Crunch)
Reasons to be Cheerful
Chop Wood, Carry
Water
350.org
Climate Reality
Project
Local Futures

<u>Desert Rose Press</u> <u>VirginiaMudd.com</u>

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We will and must resist and protest as long as it takes to get our democracy back

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"We the people are the rightful masters of both Congress and the courts, not to overthrow the Constitution but to overthrow the men who pervert the Constitution." Abraham Lincoln

This Month's Features



A Call to Arms Loud and Clear "Meet fire with fire"

Governor of California Gavin Newsom calls for America to WAKE UP! Wake up to what Prresident Trump is doing. Wake up to his assault on knowledge, history, science, institutions, public health. In his speech at a press conference on August 15 to announce the state's plan to redraw

congressional maps in response to similar Republican efforts in Texas, he calls on all of us to "stand up for our democracy!" <u>His 10 minute speech</u> starts at the 50 minute mark.

Governor Newsom spoke with Heather Cox Richardson shortly after. <u>This 30 minute video is well worth watching!</u>



"The Declaration in Action Journey to American Democracy"

Heather Cox Richardson created a series of ten, one and a half minute videos on the pioneering efforts of ten activist women throughout our nation's history.

"The revolutionary idea that everyone is created equal inspired Americans who were excluded from voting, economic opportunity, civil rights, or citizenship, to demand that the United States of America turn the principles of the Declaration of Independence into reality." Here's a link to this engaging series.

I also highly recommend this video by Richardson, <u>"The Tide Looks To Be Turning Against Trump as His Decline Becomes More Obvious"</u> (8/12). She does regular short videos that are informative and insightful.



Speaking Out

"The problem today we have to repent for is not just the vitriolic words and violent actions of the bad people, but also the appalling silence and inaction of the good people. This is the time Americans have to

step up and let their voices be heard." -Senator Cory Booker

"There is a time when what we need is patriotism - unrelenting, full-throated, deeply courageous, old fashioned American patriotism." —Simon Rosenberg

"To be an American is to understand that you have, by virtue of being a citizen of this country, you have in you an innate capacity to resist tyranny. That is as American as baseball and apple pie and Star Wars, this innate capacity to resist tyranny." —Jim Acosta

"Waiting until everything looks feasible is too long to wait." —Rebecca Solnit



Action Sites for Democracy and Our

Planet Given the continued threats to our democracy and our Earth, this resource guide lists our favorite sources of information, opportunities for action and hope. **We must protest as long as it takes to get our democracy back.**

Reclaiming and Protecting Our Democracy is Every Day

<u>Chop Wood, Carry Water, by Jessica Craven</u>: Provides daily actions for our democracy. Always encouraging.

Steady, by Dan Rather: Excellent commentary on current affairs.

<u>Today's Edition Newsletter</u>, by Robert Hubbell: Reflections on and summary of today's news.

Letters from an American, by Heather Cox Richardson: Commentary on current news.

The Status Kuo, by Jay Kuo: Commentary and analysis of today's news. (I recommend

"Surviving the Next Four Years" for strategies such as: avoid doom and despair; be a voice of hope, not fear; unplug from network news; commit small acts of resistance." Read here.)

Hopium Chronicles, by Simon Rosenberg: Current analysis and frequent interviews.

<u>Indivisible.org:</u> a good source for information on future rallies.

Climate Action: Every Action Counts!

<u>Climate Action Now!</u>: Subscribe and get an action to do every day, plus climate hope. 100 Things You Can Do to Help in the Climate Crisis

15 Actions to Make a Difference

An old saying: We can all be the someone who is doing something.

All Kinds of Good News



Safe climate is a human right

For the first time, the International Court of Justice has declared that a safe climate is a human right and a legal duty. In a landmark advisory opinion supported by 130 nations, the court said every state must curb domestic and corporate emissions, aid vulnerable countries and hit the 1.5°C target or face legal breaches and damages. The world's top court resoundingly rejected arguments made by Australia, the United States, China and Saudi Arabia who all sought to justify continued fossil



River Restoration

Europe's dirtiest river is clean again. For 150 years, the Emscher in Germany served as a dumping ground for the Ruhr's coal-and-steel belt, flushing raw waste from 2.2 million people. This costly project has taken raw sewage out of the river, laid hundreds of kilometres of pipes, and since 2021 seen kingfishers,

fuel extraction. Instead, the ICJ assigned "heightened responsibility" to historical polluters, arming lawyers worldwide with potent ammunition for future climate cases. Sparked by Pacific Island students, it's the most significant climate decision ever issued by a court. Read more here.



From rubble to renewal

In the wake of Southern California's Eaton Fire, which reduced entire neighborhoods to skeletal remains, a quiet effort is underway, one that's turning charred debris into the foundation for rebuilding. The concrete, metal and unburned trees are all recycled and remade into useful material. Here's the article.

shrimp and even beavers move back in. Locals now bike along 80 miles of riverside paths where the 'sewer of the Ruhr' once stank. Read more here.



Cycling and Recycling

Bicycles and cycling have been a big part of my life so I love reading that the Paris cycling culture has exploded since Mayor Anne Hidalgo launched major programs to advance cycling in Paris in 2015. Cycling news here.

And in recycling news here's a neat 7 minute PBS video of how Ben and Jerry's Ice Cream is turning food waste into energy. Watch here.

Wisdom for Our Time



"I am no longer accepting the things I cannot change. I am changing the things I cannot accept."

"I don't think we can rely on governments, regardless of who is in power, to do the work that only mass movements can do." —Angela Davis

A story of raptors and people



A team from the Cornell Ornithology Lab took a three week journey 160 miles on the Colville River in northern Alaska to film raptors, hawks and Peregrine Falcons nesting in the cliffs. It's an engrossing story of birds and people showing incredible dedication and commitment. The birds migrate from Alaska to



Hope will never be silent

The pro-democracy organization
Indivisible is now working with 2500 active local groups in every state. I liked how commentator Simon Rosenberg articulated

South America for winter! Amazing birds, amazing landscapes, amazing people and <u>a beautiful film</u>.

Have a colorful and active September Virginia/Gibi

our patriotic mission.

Read how "our
message is simple" in
my column.

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