



Greetings!

What's at Stake under the current regime?



Our Constitution
Our Declaration of Independence
The rule of law
American history
Higher education / Health / Science
Our climate / Our planet
Our freedoms
People's lives
People's jobs
Free and fair elections
Voting rights
Ukraine
Our worldwide alliances
Trust in our government
Truth . . . Facts
A stable world economy
A stable U.S. economy
National and global security
DEMOCRACY
DEMOCRACY



**Stories, insights
and action for a
world that works
for all of us**

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*Justice is what love  
looks like in public.*

*Jim Hightower*

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Favorite Resources

[Fix the News](#)

(Future Crunch)

[Reasons to be Cheerful](#)

[Chop Wood, Carry](#)

[Water](#)

[350.org](#)

[Climate Reality](#)

[Project](#)

[Local Futures](#)

[Desert Rose Press](#)

[VirginiaMudd.com](#)

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*We will and must  
resist and protest as  
long as it takes to get  
our democracy back*

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This Month's Features



A Call to Arms: A Call to Action **Saturday, October 18, 2025**

"We need everybody to know about this. We need you to be an advertiser, an influencer, and a recruiter for democracy in the coming days and weeks. We need you telling your friends, family, and colleagues to mark their calendar. We need you RSVPing for the event in your city, or signing up to host your own. We need you thinking

creatively about how to let others know. We need you reaching out to your famous cousin twice removed to post, or create a video, or record a song about it."

[Indivisible: NoKings.org](https://NoKings.org)



"Be loud for America"

Governor J.B. Pritzker of Illinois calls out the president on his threats to send the national guard into Chicago. Pritzker warned "This is not about stopping crime. This is about the President and his complicit lackey, Stephen Miller, searching for ways to lay the groundwork to circumvent our democracy, militarize our cities, and end elections. [Here is a 15 minute video](#) of

Pritzker's response to these threats.

As of this date the national guard has not gone to Chicago. Resistance matters.



Speaking Out

"In this perilous moment, there are no neutral observers. We are either part of the effort to save democracy, or we are part of the miasma of doubt, cynicism, and bemused disinterest that has doomed other nations resisting fascism." —Robert Hubbell

"A friend reminded me that the word *encourage* literally means to instill courage. We can do that or its opposite with how we speak, with what we say, with how we show up. It's not the only work we can do during this emergency, but it's an important part of it. It's a big part of how we express a spirit of defiance, or resourcefulness, how we act with the knowledge that emotions and actions are contagious, be they fear or courage, strength or weakness, kindness or cruelty." —Rebecca Solnit

Looking under the hood **"Culture Crash"**

Dan Rather makes a compelling post about Trump's efforts to make America a white male Christian nationalist



country "There is a need in the country now to recognize that most of the outrageous actions of Donald Trump over the last few months are not just about governing but about forcing us to bend our whole culture to his will.

"Trump wants to fundamentally change the culture of our country to reflect not America as it is today, but as it once was, controlled by an old, white, conservative patriarchy. He is attempting to turn back the tide of what he calls left 'woke' messaging in everything from university curriculum to Hollywood movies to elementary school reading lists.

"To solidify his utopia of a white Christian nation, Trump has infiltrated and appropriated control of some of the most revered cultural institutions in America: The Library of Congress, The Kennedy Center, The Smithsonian, NPR and PBS. It's about rebranding America with a Trump logo." [Read here.](#)



Action Sites for Democracy and Our Planet

Given the continued threats to our democracy and our Earth, this resource guide lists our favorite sources of information, opportunities for action and hope. **We must**

protest as long as it takes to get our democracy back.

Reclaiming and Protecting Our Democracy is Every Day

[Chop Wood, Carry Water, by Jessica Craven](#): Provides daily actions for our democracy. Always encouraging.

[Steady, by Dan Rather](#): Excellent commentary on current affairs.

[Today's Edition Newsletter, by Robert Hubbell](#): Reflections on and summary of today's news.

[Letters from an American, by Heather Cox Richardson](#): Commentary on current news.

[The Status Kuo, by Jay Kuo](#): Commentary and analysis of today's news. (I recommend "Surviving the Next Four Years" for strategies such as: avoid doom and despair; be a voice of hope, not fear; unplug from network news; commit small acts of resistance." [Read here.](#))

[Hopium Chronicles, by Simon Rosenberg](#): Current analysis and frequent interviews.

[Indivisible.org](#): a good source for information on future rallies.

Climate Action: Every Action Counts!

[Climate Action Now!](#): Subscribe and get an action to do every day, plus climate hope.

[100 Things You Can Do to Help in the Climate Crisis](#)

[15 Actions to Make a Difference](#)

An old saying: We can all be the someone who is doing something.

All Kinds of Good News



Good news from our states

A novel solar power project just went online in California's Central Valley, with



More River Restoration

For the first time in over a century,

panels that span across canals in the vast agricultural region. [Read more here.](#)

New Mexico is becoming the first state in the U.S. to offer free early childhood education to every family in the state. Governor Michelle Lujan Grisham announced a universal child care plan that includes higher pay for pre-K educators. [Here's the article.](#)



Wildlife Crossing

Colorado is building the world's largest wildlife overpass. A \$15 million project is underway to span Interstate 25 between Denver and Colorado Springs; the 209-by-200-foot bridge will link 39,000 acres of big-game habitat to over one million acres of Pike National Forest, offering elk, deer and American antelope a safe passage across six lanes of traffic. Officials expect it to reduce vehicle-animal collisions by up to 90%, saving lives and millions in costs. [Read about this great project here.](#)

salmon are able to return to Okanagan Lake in B.C. This "fish passageway" was built in partnership with the Syilx tribe, local and national groups. This will allow salmon to reach their historic spawning waters after crossing nine Columbia River dams. Here's the [article](#) and fascinating [video](#).



Europe dismantled 542 river barriers last year, the highest ever, restoring 2,900 km (1800 miles) of waterways. Finland led with 138 removals, while Bosnia and Herzegovina, Croatia, the Czech Republic and Turkey saw their first demolitions. It's all part of a bigger, continent-wide push to reconnect at least 25,000 km (15,534 miles) of rivers by 2030. Read more [here](#).

Wisdom for Our Time



"Civil disobedience becomes a sacred duty when the state has become lawless or corrupt. And a citizen who barter with such a state shares in its corruption and lawlessness." —Mahatma Gandhi

Something really fun!



Ever heard of or seen bubble art? Prepare to be "blown away!" Read about Louis Perl and other "bubbleologists" in this fascinating [NYT article](#), and then watch this exhilarating and amazing two minute [video](#) of one of Perl's performances. One



**Time to shout!
Time to be loud!**

**I take the assault on
our country
personally.**

I am angry.

bubbleologist said, “Bubbles, it’s such a lovely word. You can’t ever say it without smiling.” So smile and have fun!!!

*Have an exuberant and active October
Virginia/Gibi*

I am not alone.

Read more in
[my column.](#)

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