



Greetings!

The Time is Now

"IN THIS MOMENT. . ."

Dr. Heather Cox Richardson, author, historian and political commentator, will often emphasize a point she is making in her podcast by saying "in this moment." For example she might say, "Here is where we stand *in this moment*." Or "What would be the best thing to do or think *in this moment*." It always calls me out of speculating or fretting, and brings me back to the present moment.

In this moment we are resisting, fighting and pushing back against an authoritarian regime which is corrupt, cruel, destructive and violating our Constitution on a daily basis.

But also in this moment we must focus on how we can find ways of living that unite us. We need to envision what a renewed American democratic government would look like and find the common ground for our future in America.

Things we might all agree on:

- Quality education for all
- Universal health care
- Clean air and water
- Renewable energy
- Policies to address climate change
- Environmental restoration and protection
- Equal access to resources
- Solid and reliable infrastructure
- Right to free speech
- Equality before the law
- A functioning government of service
- Money out of politics
- Fair taxation with representation
- No oligarchy or special interests

As Heather Cox Richardson points out we must be thinking now about how to "**create a new country out of the chaos.**"



Stories, insights
and action for a
world that works
for all of us

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*Justice is what love  
looks like in public.*

Jim Hightower

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Favorite Resources

[Fix the News](#)

(Future Crunch)

[Reasons to be Cheerful](#)

[Chop Wood, Carry](#)

[Water](#)

[350.org](#)

[Climate Reality](#)

[Project](#)

[Local Futures](#)

[Desert Rose Press](#)

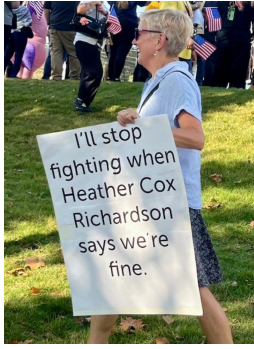
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*We will and must  
resist and protest as  
long as it takes to get  
our democracy back*

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This Month's Features



Speak Out Now!

"It is not a question of waiting till the midterms to cast your vote. The time to speak up is NOW. It is an act of patriotism to stand up against the small group of radicals that are trying to destroy this country, our democracy. The more noise we make now the better our chances of safeguarding the election in 2026. Turn your anxiety into some kind of action. Try and get out there and make the future because there is joy in that, and we're doing it together, and that itself is a gift."

—Heather Cox Richardson

I encourage you to tune into Richardson's YouTube podcast, ["Politics Chat"](#) which is usually every Tuesday and Thursday. She answers readers' questions and gives perspective on recent events. It is excellent and well worth the 40 minutes. She also writes a daily essay ["Letters from an American."](#)



"In the darkness of dictatorship"

Secretary General of the United Nations Antonio Guterres recalled that his youth in Portugal was spent "in the darkness of dictatorship, where fear silenced voices and hope was nearly crushed. Yet, even in the bleakest hours—especially then—I discovered a truth that has never left me: power does not reside in the hands of those who dominate or divide. Real power resides from people, from our shared resolve to uphold dignity, to defend

equality, to believe—fiercely—in our common humanity, and the potential of every human being. . . . I learned early to persevere. To speak out. To refuse to surrender, no matter the challenge, no matter the obstacle, no matter the hour. We must—and we will—overcome." —Antonio Guterres, Secretary General of the United Nations

"There is one cure for feeling like the world is coming down around you, and that's to get in the fight. Stand up, speak out, find that one thing that you can or want to do to push back on this. Find that one thing that makes you go, 'I'm gonna get up this morning and kick the crap out of the bad guys,' and go do it. It could be anything." —Rick Wilson, co-founder of the Lincoln Project



Action Sites for Democracy and Our Planet

Given the continued threats to our democracy and our Earth, this resource guide lists our favorite sources of information, opportunities for action and hope. **We must**

protest as long as it takes to get our democracy back.

Reclaiming and Protecting Our Democracy is Every Day

[Chop Wood, Carry Water, by Jessica Craven](#): Provides daily actions for our democracy. Always encouraging.

[Steady, by Dan Rather](#): Excellent commentary on current affairs.

[Today's Edition Newsletter, by Robert Hubbell](#): Reflections on and summary of today's news.

[Letters from an American, by Heather Cox Richardson](#): Commentary on current news.

[The Status Kuo, by Jay Kuo](#): Commentary and analysis of today's news. (I recommend

"Surviving the Next Four Years" for strategies such as: avoid doom and despair; be a voice of hope, not fear; unplug from network news; commit small acts of resistance." [Read here.](#))

[Hopium Chronicles, by Simon Rosenberg](#): Current analysis and frequent interviews.

[Indivisible.org](#): a good source for information on future rallies.

Climate Action: Every Action Counts!

[Climate Action Now!](#): Subscribe and get an action to do every day, plus climate hope.

[100 Things You Can Do to Help in the Climate Crisis](#)

[15 Actions to Make a Difference](#)

An old saying: We can all be the someone who is doing something.

All Kinds of Good News



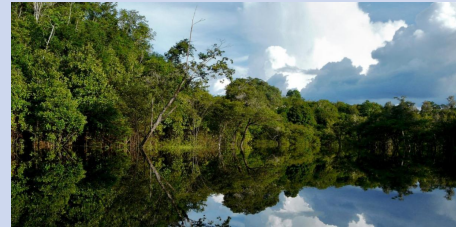
Sustainable NFL Stadiums

Solar panels, composting, reusable containers, food gardens and community projects are on the rise for NFL stadiums. "Our hope is that our efforts will inspire our fans to do the same and take some of their own actions. If we all did something, I think it'd make a big difference," said Eagles Vice-President Norman Vosschulte. [Read the article here.](#)



Pay-as-you-throw

Cut waste. Save cash. If you pay by the weight of your trash you're much more likely to throw away less. Over the last 30 years this waste system has been gaining traction across the Netherlands, Germany, Ireland, Belgium, France, Italy and Norway, as well as Taiwan, Japan, Canada and the U.S. In the U.S. over 7,000 towns and cities have implemented such programs. They have been praised as one of the most effective tools for encouraging residents to throw out less — in some cases, reducing the amount of household trash by 30



Declining Deforestation

Deforestation in Brazil's Amazon rainforest has fallen to its lowest level in more than a decade, according to new government data. "Even in my best-laid plans I would never have imagined that we would reach this point with a 50 percent reduction in deforestation," said Environmental Minister Marina Silva. Brazil continues to play a major role in global climate leadership. [Read here.](#) As a result of the decline in deforestation Brazil's greenhouse gas emissions fell over 16% in 2024. [Here's the article.](#)



Road Closed: Red Crabs Migrating

This is the time of year when millions of red crabs migrate from the rainforest of Christmas Island to the sea. Christmas Island is an Australian territory in the Indian Ocean near Indonesia. After a devastating infestation of the Yellow Crazy Ant the crab population has rebounded and now is estimated to be about 180

percent. In South Korea, thanks to the country's pay-as-you-throw system, 95 percent of all food waste and 86 percent of all garbage is recycled.
[Read more here.](#)

million. It is a great tourist attraction! Some residents put crab sweepers on their cars. Here's an amazing [video](#) and [article](#).

Wisdom for Our Time



There is too much bad news to justify complacency.
There is too much good news to justify despair.

—Donella Meadows (1941-2001) Meadows was an American environmental scientist, educator and writer. She is best known as the lead author of *The Limits to Growth*.

Our Milky Way like you've never seen it



Two women astronomers reveal our Milky Way in radio light and visible light from the Radio Astronomy Observatory. The presentation is full of scientific terminology and information that boggles and stimulates my mind, but the visuals are stunning. Be amazed as you [read about and watch the video](#).

*Have a beautiful, celebratory December
Virginia/Gibi*



**Time to shout!
Time to be loud!
Time to act!**

Last month I presented information and videos about the wealth inequality in this country. Rev. Cameron Trimble goes deeper in her post entitled "When one has too much."

Read it in [my column](#).

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